

**WHAT CAN WE DO TO HELP PEOPLE WHO BULLY ?**

- \*The incident will be recorded officially by the Teacher/Headteacher
- \*Counselling for both the victim and the bully
- \*The bully's parents will be informed
- \*The bully may have to write a letter of apology

**WHAT WILL THE SCHOOL DO ?**

- \*It is the school's responsibility to make you feel safe
- \*You will be taken seriously and will be seen by the Headteacher/ Learning Mentor or a member of staff
- \* Isolation or exclusion from breaks/ dinner times
- \*For major incidents the police will be contacted

THE SCHOOL AIMS TO STOP BULLYING BY CREATING A SAFE AND SECURE PLACE FOR CHILDREN TO ENJOY THEIR LEARNING JOURNEY.



**WHO CAN YOU SEE IF YOU ARE BEING BULLIED?**



**Playground Buddies  
School Council**

**Head Teacher - Mrs Hinton  
Deputy Head - Mrs Holden  
Foundation Leader : Mrs Kelly  
Learning Mentor - Mr Padotan  
School Staff  
Dinner Ladies  
First Aiders**

**USEFUL NUMBERS:**

CHILD LINE - 0800 1111  
NSPCC - 0808 800 5000  
KIDSSCAPE - 0845 1205 204  
SAMARITANS - 0121666 6644/  
08457 909090  
CHILDREN'S SOCIETY - 0845 300  
1128



**FOR FURTHER ADVICE VISIT:**

[www.dfes.gov.uk/bullying](http://www.dfes.gov.uk/bullying)  
[www.antibullyingalliance.org.uk](http://www.antibullyingalliance.org.uk)  
[www.beatbullying.org](http://www.beatbullying.org)  
[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**ST PHILIP'S CATHOLIC  
PRIMARY SCHOOL  
CHILDREN'S ANTI-BULLYING  
POLICY**

A document created for children by  
children



St Philip's Children, Staff & Governors  
Says - "No to Bullying"

'To Develop everyone's full  
potential by learning and working  
together through Christ'

## What is Bullying?

Bullying is when someone makes another pupil feel unhappy or hurt. This action may happen

Several  
Times  
On  
Purpose



However, some one - off attacks can be just as harmful.

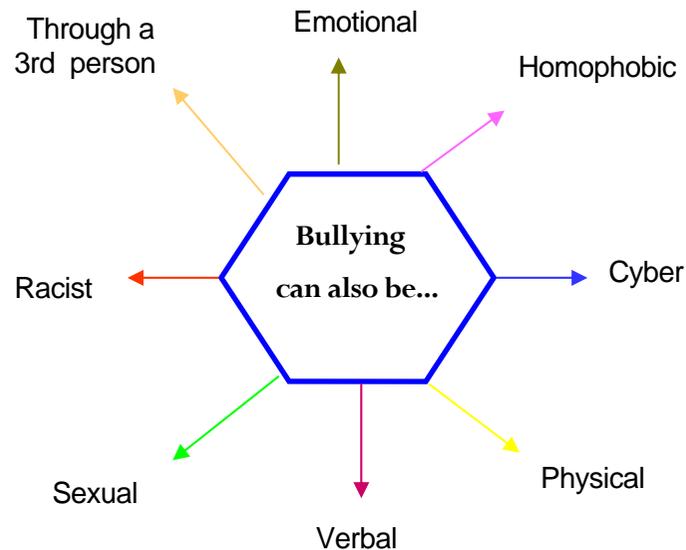
## Bullying Can Be:

- \*Pushing a pupil
- \*Hitting a pupil
- \*Threatening a pupil
- \*Demanding from a pupil
- \*Forcing a pupil to do something against their will
- \*Hurtful name calling/spreading rumours
- \*Gestures
- \*Damaging a pupil's property
- \*Abusive texts, emails, social networking sites or phone messages
- \*Posting an abusive letter...



## Where does Bullying take place?

We believe bullying can take place in and out of school, in your street and in and around your neighbourhood. Social networking sites e.g. MSN, Facebook, my space, twitter ...



**Emotional:** Hurting people's feelings, leaving you out, being bossed about

**Physical:** Punching, kicking, spitting, hitting and pushing

**Homophobic:** Calling you gay or lesbian

**Through a 3rd person:** Sending a friend with horrible messages

**Verbal:** Being teased, name calling, hand signs

**Racist:** Graffiti, calling you racist names

**Sexual:** Rude comments, touching you when you don't like it

**Cyber:** texts, emails, video recordings ...



## What should you **DO** or **NOT DO** if you are being bullied?

### Do....

- \*Complete a worry sheet in your class or the front office
- \*Use your worry box in your class
- \*Talk ,talk , talk
- \*Stick up for yourself if it is safe to do so
- \*Stand up for your rights
- \*Start  
Telling  
Other  
People
- \*Try to find a way to make it stop
- \*Ignore them
- \*Walk away
- \*Remember it's not your fault and you are not alone



### Don't ...

- \*Do what they say
- \*Look upset or cry
- \*Get angry
- \*Hit them
- \*Get rid of evidence: notes , emails etc

