# A prayer booklet for the children in Year 4

This prayer booklet includes the prayers of the Church that each child should know at the end of the year.

Please practise with them and encourage them to pray regularly with you as a family.

Thank you for your support in this important matter.



# **GLORY BE TO THE FATHER**

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

#### **PRAYER TO THE GUARDIAN ANGEL**

Angel sent by God to guide me, Be my light and walk beside me; Be my guardian and protect me; On the paths of life direct me.

#### **ETERNAL REST**

Eternal rest give unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. Amen.

#### **ACT OF SORROW**

O my God, I thank you for loving me. I am sorry for all my sins: for not loving others and not loving you.

## THE STATIONS OF THE CROSS

There are many different versions available but the Fourteen Stations remain the same. Jesus is condemned to death Jesus takes up his cross Jesus falls for the first time Jesus meets his mother Simon of Cyrene helps Jesus carry his cross Veronica wipes the face of Jesus Jesus falls for the second time Jesus comforts the women of Jerusalem Jesus falls for the third time Jesus is stripped of his garments Jesus is nailed to the Cross Jesus dies on the Cross Jesus is taken down from the Cross Jesus is laid in the tomb

### THE ROSARY

1 x Our Father 10 x Hail Mary = 1 decade 1 x Glory Be

5 decades = 1 Mystery

**The Joyful Mysteries**: The Annunciation, The Visitation, The Nativity, The Presentation, The Finding in the Temple

**The Luminous Mysteries**: The Baptism of Our Lord, The Wedding Feast at Cana, The Proclamation of the Kingdom, The Transfiguration, The Institution of the Eucharist

**The Sorrowful Mysteries**: The Agony in the Garden, The Scourging at the Pillar, The Crowning with Thorns, The Carrying of the Cross, The Crucifixion

**The Glorious Mysteries**: The Resurrection, The Ascension, The decent of the Holy Spirit, The Assumption of Mary, The Crowning of the Blessed Virgin Mary

# CONFITEOR

I confess to Almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault:

Therefore I ask blessed Mary ever-Virgin, All the Angels and Saints, and you, my brothers and sisters to pray for me to the Lord our God.

## THE ANGELUS

The Angel of the Lord declared to Mary: **R**: And she conceived of the Holy Spirit. Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. **R**: Holy Mary, Mother of God, pray for us sinners, now and at the hour of

our death. Amen.

Behold the handmaid of the Lord:

**R:** Be it done unto me according to Thy word.

Hail Mary . . . R: Holy Mary...

And the Word was made Flesh: And dwelt among us.

Hail Mary . . . R: Holy Mary,

Pray for us, O Holy Mother of GodR: That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Your grace into our hearts; that we, to whom the incarnation of Christ, your Son, was made known by the message of an angel, may be brought by His Passion and Cross be brought to the glory of His Resurrection, through same Christ Our Lord. Amen.

#### THE MEMORARE

Remember, O most loving Virgin Mary, that it is a thing unheard of, that anyone ever had recourse to your protection, implored your help, or sought your intercession, and was left forsaken. Filled therefore with confidence in your goodness.

I fly to you, O Mother, Virgin of virgins. To you I come, before you I stand, a sorrowful sinner. Despise not my poor words, O Mother of the Word of God, but graciously hear and grant my prayer. Amen.